

## **Guild of Psychotherapists**

### ***Annual Lecture 2008***

## **Shrinks in and out of Fiction**

If you are interested in reading some fiction which contains representations of psychotherapists or non fiction writings about them, as background to the annual lecture, here are some suggestions:

**Mad Bad and Sad, A History of Women and the Mind Doctors**

Lisa Appignanesi , Virago 2008

**The Memory Man** Lisa Appignanesi , Arcadia Books Ltd 2004

**Freud's Women** Lisa Appignanesi and John Forrester, Phoenix 2005 (1992)

**The Mandains** Simone de Beauvoir (1954)

**I Never Promised you a Rose garden** Joanne Greenberg

**Fear of flying** Erica Jong

**Something to tell you** Hanif Kurashi, Faber and Faber ,2008

**The Golden Notebook** Doris Lessing (1962)

**The Four-Gated City** Doris Lessing (1969)

**The Treatment** Daniel Menaker (1998)

**The Severed Head** Iris Murdoch

**Lolita** Vladimir Nabokov, Penguin Books,1980 (1959)

**The Bell Jar** Sylvia Plath, Faber 1963

**Portnoy's Complaint** Philip Roth, Vintage Books 2005 (1969)

**The White Hotel** DM Thomas, Penguin Books 1981

**The Other Side of You** Salley Vickers, Fourth Estate 2006

**Where Three Roads Meet** Salley Vickers, Canongate Books Ltd 2007

**To the Lighthouse** Virginia Woolf Penguin Books 1992 (1927)

**Mrs Dalloway** Virginia Woolf, Oxford University Press 2008 (1992)

***Addendum contributed by Jinny Fisher***

"**The Delivery Room**" by Sylvia Brownrigg (2007), Picador

- very good. '*novel of depth and intelligence based around a psychotherapist and the odd assortment of patients that parades through her office.*' **100 Best Holiday Reads, Sunday Times**
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**"Lying on the Couch"** by Irvin Yalom (1996), Yalom Books

*Frustrated by the challenge of his psychiatric practice, Ernest Lash is compelled to create a remarkable new approach to therapy that involves a completely open, authentic relationship with his clients...."* (Amazon) Brilliant, funny and engaging critique of the politics of psychoanalysis in USA.

**"The Analyst"** by John Katzenbach. (2003), Corgi Books

Thriller about an American analyst. Rattling good, if far-fetched yarn about the systematic destruction of an analyst's life.

**"The Memory Game"** by Nicci French (1998). Penguin Books

About recovered memory, with a perfectly appalling (humanistic!) therapist.  
*"A psychological thriller in which the body of a 16 year-old girl, missing for 25 years is found buried in the garden of a country house. When it is established she had been murdered, her sister-in-law begins her own investigation."*  
(Amazon)

**"Death by Analysis"** by Gillian Slovo (1986), GB Women's Press

An analyst is found dead on his couch. Another analyst hires an ex-patient to investigate.... Hmmmm.